

Thesis Presentation

Sociology of health and medicine in Switzerland: trends and challenges
HESAV, Lausanne – Friday, 2 October 2020

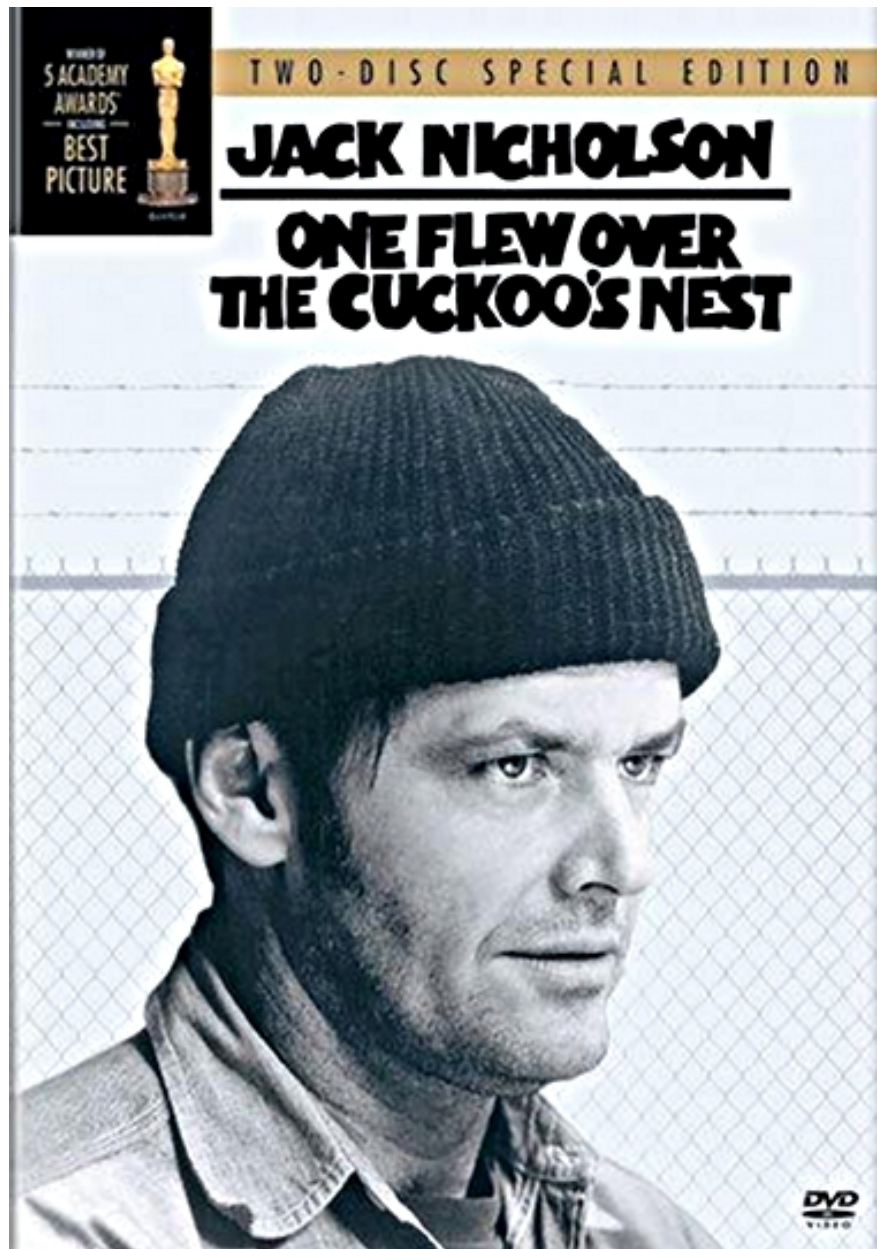
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Mental Illness





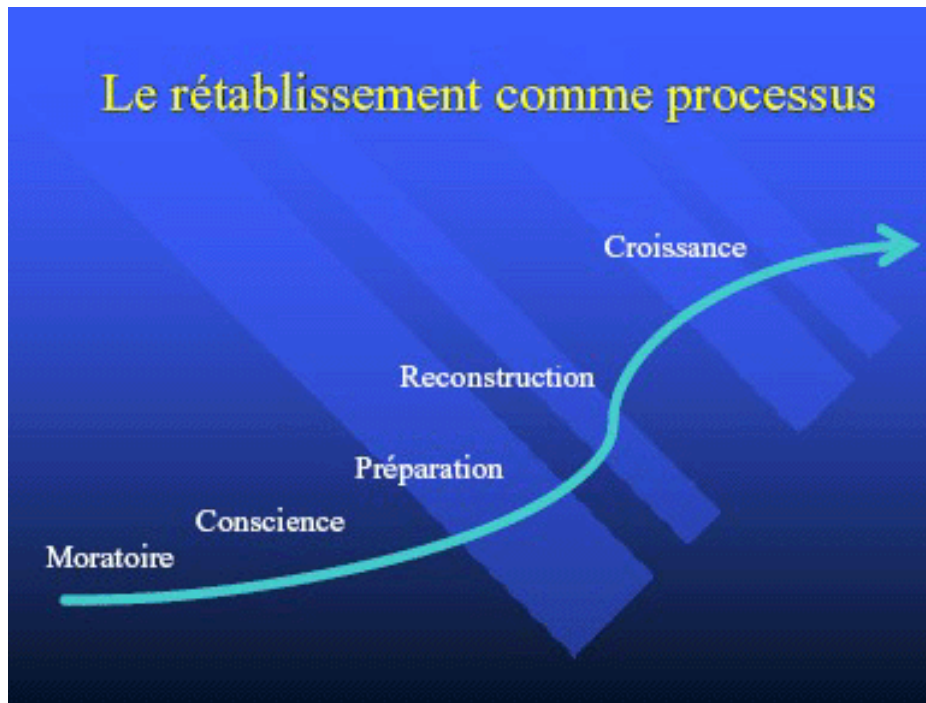
Source des images:
http://libresavoir.org/index.php?title=Vol_au-dessus_d%27un_nid_de_coucou_de_Forman
 et <https://images.app.goo.gl/gfCErB89hYxWxtNc8>



Source de l'image: <https://images.app.goo.gl/BXiieLo8EX3usbYaA>



Mental health recovery





Haute Ecole de Santé Vaud

DÉBATS jeudi 14 mars 2013

Ma longue promenade vers le rétablissement

Caroline Christiansen

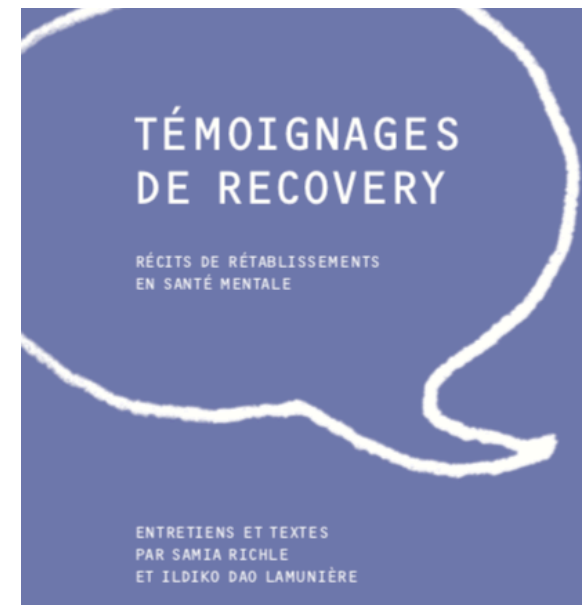
COLLÈGE DE RÉTABLISSEMENT

Formation aux pouvoirs d'agir en santé psychique

2019-2021

Se rétablir d'un trouble psychiatrique

Favoriser la transition vers l'hébergement
au sortir de l'hôpital



TÉMOIGNAGES DE RECOVERY

RÉCITS DE RÉTABLISSEMENTS
EN SANTÉ MENTALE

ENTRETIENS ET TEXTES
PAR SAMIA RICHLE
ET ILDIKO DAO LAMUNIÈRE

PRO MENTE SANA



IXe Journée R3

Réseau romand pour le rétablissement

Hes-so
Haute Ecole Spécialisée
de Suisse occidentale

What is Recovery?





Source de l'image: <https://www.indymedia.org.uk/en/regions/london/2003/10/279275.html>

Following and analyzing «recovery»

How to Follow and Analyze a Diversity of Beings

An Introduction

François Cooren and Fabienne Malbois

Methodological and Ontological Principles of Observation and Analysis

Following and Analyzing Things and
Beings in Our Everyday World

Edited by François Cooren
and Fabienne Malbois



PRESIDENT'S NEW FREEDOM

COMMISSION ON MENTAL HEALTH

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President's New Freedom Commission on Mental Health

Achieving the Promise: Transforming Mental Health Care in America

Goal 2 - Mental Health Care Is Consumer and Family Driven

Recommendations

2.1 Develop an individualized plan of care for every adult with a serious mental illness and child with a serious emotional disturbance.

2.2 Involve consumers and families fully in orienting the mental health system toward recovery.

2.3 Align relevant Federal programs to improve access and accountability for mental health services.

2.4 Create a Comprehensive State Mental Health Plan.

2.5 Protect and enhance the rights of people with mental illnesses.

Methods

2 corpuses of articles on «recovery» (professionals + survivors/consumers)

- From 1980 to 2005 in the United States
- From the beginning of 2000s to nowadays in French-speaking Switzerland

7 semi-directed interviews with key-actors of the importation of «recovery» in French-speaking Switzerland

Three main tensions

1. First-person perspective VS Third-person perspective
2. Cure VS Chronicity
3. Prescriptive power VS Adaptability



Image of the psychiatric rehabilitation unit where I did my fieldwork – pictures from their website

Methods: Participant observation



Image of the psychiatric rehabilitation unit where I did my fieldwork – pictures from their website

Fragile balances and negotiated orders

- «Doing with» rather than «doing for»
- Not entirely responsible nor entirely irresponsible
- Interpersonal relations & Statutory relations



Recovery story ...

Methods



Source de l'image: <https://www.le-dictaphone.com/retranscription-automatique/>

A transitional community

- From «I» to «We»
- «I» / «We» balance
- From «We» to «I»



**Thank you for your
attention!**